

"Crises take a toll on all of us. They are exhausting and can lead to burnout. Thus, one critical function of leadership during intense turbulence is to keep your finger on the pulse of your people's energy and emotions and respond as needed. When tending to energy and emotion, you must begin with yourself."

Nancy Koehn – "Forged in Crisis"



"Every day, leaders must wake up and lead themselves before they can lead anyone else."

John Maxwell





Meet Lisa Boone

Account Development Executive

- 31 years of experience working with schools and their benefit needs
- Vast knowledge in customizing and streamlining processes to meet your specific school's needs
- Expertise in building benefits specific for educators
- Know-how to elevate your current benefits management





What's a Leading Question?



Keeping your finger on your pulse in these challenging days

1.

2.

3.

4.

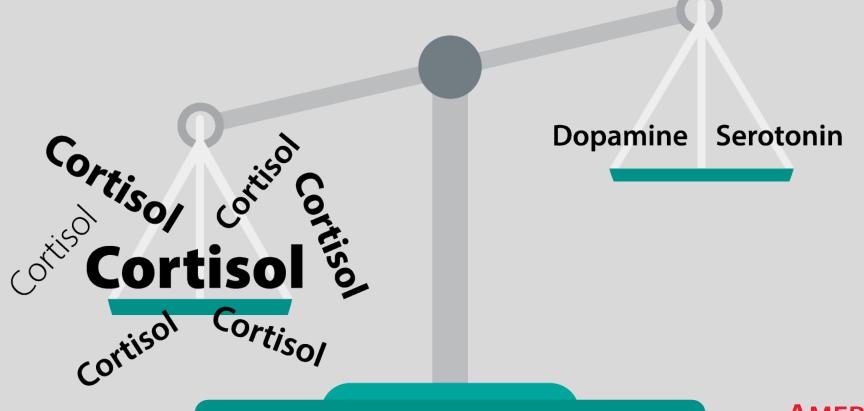
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- 1. How will I have fun today?
- 2.
- 3.
- 4.
- 5.



How will I have fun today?





How will I have fun today?

"People rarely succeed unless they have fun in what they are doing."

Dale Carnegie



- 1. How will I have fun today?
- 2. Why am I in the school business?
- 3.
- 4.
- 5.



Why am I in the school business?

"Those who have a 'why' to live, can bear with almost any 'how'".

Viktor Frankl – Austrian Neurologist, Psychiatrist, Holocaust survivor and author



Why am I in the school business?

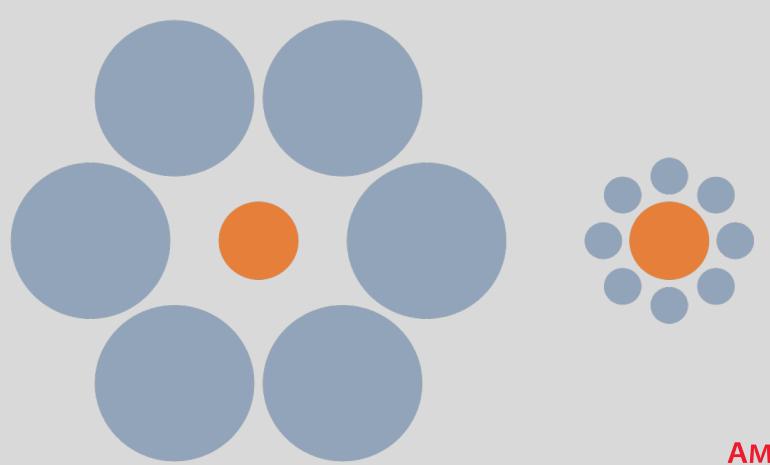
Why are you in the school business?



- 1. How will I have fun today?
- 2. Why am I in the school business?
- 3. What am I looking forward to?
- 4.
- 5.



What am I looking forward to?





What am I looking forward to?

"We become what we think about."

Earl Nightingale



- 1. How will I have fun today?
- 2. Why am I in the school business?
- 3. What am I looking forward to?
- 4. Who will I help today?
- 5.



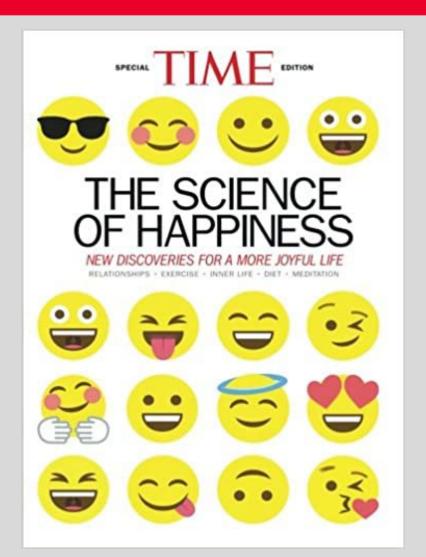
Who will I help today?

"The best way to find yourself is to lose yourself in the service of others."

Gandhi



Who will I help today?





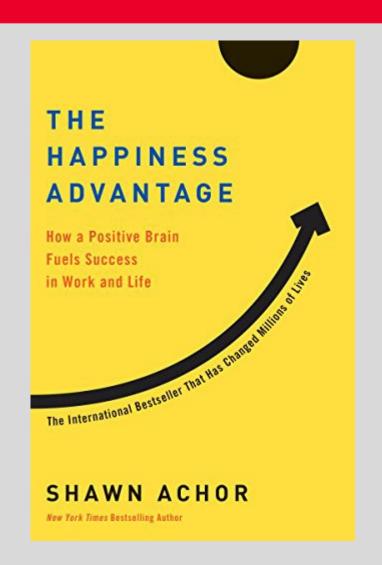
- 1. How will I have fun today?
- 2. Why am I in the school business?
- 3. What am I looking forward to?
- 4. Who will I help today?
- 5. What am I thankful for?



Being joyful isn't what makes you grateful. Being grateful is what makes you joyful.

Ann Voskamp - Author





One of the largest studies of happiness ever conducted

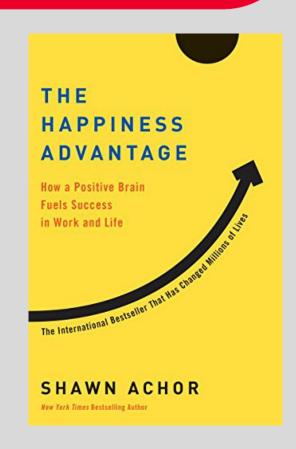
Happiness fuels success, not the other way around

Rewire your brain for positivity and optimism



 Write down three things you're grateful for that occurred over the last 24 hours.

 Take one positive experience from the past 24 hours and spend two minutes writing down every detail about that experience.





What are you thankful for?



- 1. How will I have fun today?
- 2. Why am I in the school business?
- 3. What am I looking forward to?
- 4. Who will I help today?
- 5. What am I thankful for?



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